

Meet me, O Christ,
in this stillness of morning.
Move me, O Spirit,
to quiet my heart.
Mend me, O Father,
from yesterday's harms.

From the discords of yesterday,
resurrect my peace.
From the discouragements of yesterday,
resurrect my hope.
From the weariness of yesterday,
resurrect my strength.
From the doubts of yesterday,
resurrect my faith.
From the wounds of yesterday,
resurrect my love.

Let me enter this new day,
aware of my need,
and awake

to your grace,
O Lord.

Amen.