



FIRST BAPTIST  
COLUMBUS  
JOIN OUR *Family* OF FAITH

**Daniel Cash, Senior Pastor**  
**David Brown, Interim Music Minister**

## November Messenger

*Healthy*



*Hearts*



FIRST BAPTIST  
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**2019 Stewardship Emphasis**

*Hopeful*



*Habits*

Dear Friends:

When I was a kid, I participated in 4-H. I can still remember beginning each 4-H club meeting with the 4-H pledge: I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living, for my club, my community, my country and my world. Head, heart, hands and health = the four “H’s” of 4-H.

This November I want to introduce you to another set of four “H’s” – the four H’s of Stewardship: heart, health, hope and habits. Our 2019-20 stewardship emphasis, to be observed Nov. 10 – 17, is titled “The 4 H’s of Stewardship”. Over two Sundays we will look at how “healthy hearts” and “hopeful habits” can comprise a faithful response of discipleship from the perspective of stewardship.

Once again, this year’s emphasis has two primary components for which we are being asked to make a response: a) our financial stewardship (stewardship of our treasure) and b) our annual ministry team sign-up process (stewardship of our time and talent). As the emphasis unfolds you will be invited to sign-up (online or via paper copy) for the ministry teams you wish to serve through in 2020. Even if you plan to serve on the same team(s) as last year, please sign up fresh for the next year.

You will also receive an Estimate of Giving card through a direct mailing, giving you opportunity to indicate how you will support our congregation’s program of ministry in 2020. We will present these cards as an act of worship on Sunday, November 17 during our 9:30 a.m. worship service. Having an accurate estimate of giving allows the church council and congregation to set our 2020 budget.

We often hear how important heart health is to our physicality. A healthy heart is also important when it comes to stewardship. Jesus said, “where your treasure is, there will your heart be also”. When we treasure the things of God, our hearts beat with the health of God.

Stewardship is also built on habits – hopeful habits – that enable us to build trust and live by faith in God as our provider. The psalmist says, “The earth is the Lord’s and everything in it”. (Ps 24:1). If all that I have is a gift from God, how I care for (steward) those gifts is a response of discipleship that acknowledges and trusts in God’s provision.

Please keep this emphasis in prayer. I look forward to sharing it with you.

Pastor Dan

# Around The Church

## All Saints Sunday

We will be sharing in observation of All Saints Sunday on November 3. This is an annual opportunity to remember those members and loved ones who have passed on in the past year.



## Blood Pressure Clinic November 17

Before & After Worship - Bay 3 of Fellowship Hall



## CHRISTMAS MARKET Saturday, Nov. 23 10:00 a.m. to 4:00 p.m.



Here at First Baptist Church in the Fellowship Hall

Arts & Fine Crafts from our community: glasswork, jewelry, watercolors, wood crafts, bath & body products, fabric art, Christmas toffee — and much more!



## Thanksgiving Dinner Sunday, Nov. 24 11:45 am

Please join us for a Thanksgiving meal at the church on November 24, after the 2nd hour, at 11:45 a.m. Please feel free to invite friends and family. The church will provide the drinks, tableware, turkey, rolls, stuffing, and gravy. We ask that you bring a dessert or side dish to share with others. If you have questions, call Sue Putterill 812-350-0357.



## Breakfast with the Angels Saturday, December 7 9:30-11:00 a.m.



Once again this year we will be sharing a special Advent Children's event – "Breakfast with the Angels." All children are welcome, with their parents, grandparents, or other family members. We will share breakfast, crafts of the season, and a story time. This is a great way to begin the Advent season with the child(ren) in your life. Come join us!

# Around The Church

## From Pastor David.....



Dear FBC friends,

November is the month of "giving thanks". We look forward to that day near the end of the month, a time of feasting with family and friends, enjoying turkey and dressing, and pumpkin pie. I am reminded of what was probably a great choral piece in the Old Testament, Psalm 136, where there is a litany of thanks that is given, with the response being, "His love endures forever" after each comment about what is being lifted up to be thankful for.

As I think about the things that I have to be thankful for, I must say that the people of FBC Columbus are certainly on my list! The Chancel Choir has been so good to work with, and to make beautiful music with. Also, the Praise Team volunteers each month, who give of their time must be remembered. Also, the Handbell Choirs that I have had the privilege of working with. And I have had such a wonderful time working with the Worship Planning Team, and helping to create some memorable worship events. Then there are the 2 great accompanists I have gotten to work with, Donna Tull and Carla Williams. And I want to say a big "thank you" to Laura Friedrich as well, for being such a great office manager. And of course, I have certainly enjoyed working closely with Dan Cash, the Senior Pastor here.

I have much to be thankful for! How about you? What (or who) are you thankful for? Perhaps as the month of November comes, we can all find a time to let these special loved ones know how much we have been blessed by them. Our common chorus together will be: "His love endures forever!"

Blessings,  
Pastor David M. Brown



## Coffee Bar Hosts

November: Paula & Tim Pickup  
December: Jennifer Kelley

**No Coffee Fellowship in November.**

# This Month's Leadership

## Pastoral Care Team

Nov. 3 - Daryl & Dot McMath  
Nov. 10 - Kerry & Alice Richmond  
Nov. 17 - Bob & Jean Langdon  
Nov. 24 - Paul & Carol Poe

## Emergency Responders

Nov. 3 - Judy Rhude  
Nov. 10 - Mike Compton  
Nov. 17 - Forest Daugherty  
Nov. 24 - Kim Hamon

Dec. 1 - Judy Rhude  
Dec. 8 - Mike Compton  
Dec. 15 - Forest Daugherty  
Dec. 22 - Kim Hamon  
Dec. 29 - Roberta Walls

## Serving in the Nursery This Month

### November 3

Nursery Worship—Sue Hoffman & Carol Poe  
Toddler Worship—Carolyn Baker & Nolan Pickup

### November 10

Nursery Worship—Kayla Jones & Lucy Cash  
Toddler Worship—Charlotte Oestreicher & Susan Carter

### November 17

Nursery Worship—Deborah & Molly Nelson  
Toddler Worship—Jennifer Kelley & Heidi Jones

### November 24

Nursery Worship—Diane & Ashley Ginn  
Toddler Worship—Joy Langdon & Anita Burton

## Children's Sunday School

### 1st Sunday

4's - grade 2:  
Grade 3-6: Stephanie Olson

### 2nd Sunday

4's - grade 2: Marcia Cheek  
Grade 3-6: Terri Ketterling

### 3rd Sunday

4's - grade 2: Linda Reid  
Grade 3-6: Beth Caldwell

### 4th Sunday

4's - grade 2: Deanna Glick  
Grade 3-6: Anita Yancey

### 5th Sunday

No children's ministry opportunity today.  
Children will stay with their parents in  
worship on those 5th Sundays.

**Don't forget to  
"Fall Back"  
on Sun., Nov. 3**



# Around The Church

## WHAT'S NEW IN THE LIBRARY?



BETH WISEMAN	- LISTENING FOR LOVE
MARGARET BROWNLEY	- OLD WEST CHRISTMAS BRIDES
CHRIS FABRY	- OVERCOMER
JANE KIRKPATRICK	- ONE MORE RIVER TO CROSS
COLLEEN COBLE	- STRANDS OF TRUTH
BEVERLY LEWIS	- THE TIMEPIECE
" "	- THE TENDERBOX
WANDA BRUNSTETTER	- BRIDES OF BIG VALLEY
DANIEL PATTERSON	- ONE CHANCE

TWO NEW DVD'S:

OVERCOMER  
COURAGEOUS

THANK  
YOU

Thank you so much for the massive donation of socks and underwear! Your generosity has already touched many students' lives and we still have plenty to share!

Blessings,  
Mendi Richards  
Richards Elementary School Nurse

We want to thank all our FBC friends for their cards, prayers and hugs on the occurrence of the death of John's brother. We have felt your love and caring spirit.

John & Liz Lipson

Dear First Baptist,

We very much appreciate the hospitality we were shown during our visit to Indiana, but specifically during our tour of First Baptist Church. Our entire architecture adventure in Columbus was chock full of awesome people and places, but we particularly loved seeing a Harry Weese masterpiece up close. Thanks again for your hospitality.

Warmest,  
Elizabeth Milton  
Modus Architecture Studio, Fayetteville, AR





# Healthy Living Tips

## Learn About Mental Health

### What is mental illness?

Mental illnesses are conditions that affect a person's thinking, feeling, mood or behavior, such as depression, anxiety, bipolar disorder, or schizophrenia. Such conditions may be occasional or long-lasting (chronic) and affect someone's ability to relate to others and function each day.

### What is mental health?

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make healthy choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.

Although the terms are often used interchangeably, poor mental health and mental illness are not the same things. A person can experience poor mental health and not be diagnosed with a mental illness. Likewise, a person diagnosed with a mental illness can experience periods of physical, mental, and social well-being.

### Why is mental health important for overall health?

Mental and physical health are equally important components of overall health. Mental illness, especially depression, increases the risk for many types of physical health problems, particularly long-lasting conditions like stroke, type 2 diabetes, and heart disease. Similarly, the presence of chronic conditions can increase the risk for mental illness.

### Can your mental health change over time?

Yes, it's important to remember that a person's mental health can change over time, depending on many factors. When the demands placed on a person exceed their resources and coping abilities, their mental health could be impacted. For example, if someone caring for an ill relative or experiencing economic hardship they may experience poor mental health.

### How common are mental illnesses?

Mental illnesses are among the most common health conditions in the United States.

- More than 50% will be diagnosed with a mental illness or disorder at some point in their lifetime.
- 1 in 5 Americans will experience a mental illness in a given year.
- 1 in 5 children, either currently or at some point during their life, have had a seriously debilitating mental illness.
- 1 in 25 Americans lives with a serious mental illness, such as schizophrenia, bipolar disorder, or major depression.

### What causes mental illness?

There is no single cause for mental illness. A number of factors can contribute to risk for mental illness, such as:

- Early adverse life experiences, such as trauma or a history of abuse (for example, child abuse, sexual assault, witnessing violence, etc.)
- Experiences related to other ongoing (chronic) medical conditions such as cancer or diabetes.
- Biological factors, such as genes or chemical imbalances in the brain
- Use of alcohol or recreational drugs
- Having few friends
- Having feelings of loneliness or isolation

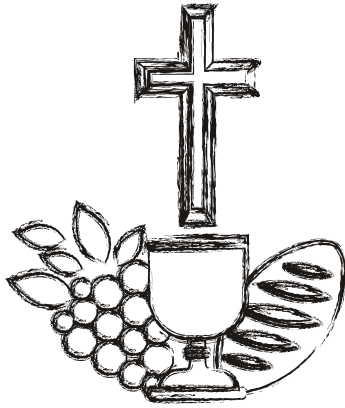
People can experience different types of mental illnesses or disorders, and they can often occur at the same time. Mental illnesses can occur over a short period of time or be episodic. This means that the mental illness comes and goes with discrete beginnings and ends. Mental illness can also be ongoing or long-lasting.

# Communion

## November Communion

### SANCTUARY SERVERS:

Jim Bokelman  
Daryl McMath  
Keith Arbuckle  
Dick Miller  
John McKay  
Molly Nelson  
Ron Lane  
Linda Foster  
Teresa Arbuckle



### HOMEBOUND SERVERS:

Janet Bailey  
Susan Carter  
Larry Carter  
Carol Poe  
Charlotte Oestreicher

### COMMUNION PREPARATION:

Adam & Missy Zimmerman

### CLEAN-UP:

Nathan Patrick, Randy Wheeler  
Keith Arbuckle, Daryl McMath

## December Communion

### SANCTUARY SERVERS:

Teresa Arbuckle  
Dick Miller  
Joe Hamon  
Frank Eldridge  
John McKay  
Wayne Lovelace  
Bill Baker  
Carolyn Baker  
David Emmert

### HOMEBOUND SERVERS:

Janet Bailey  
Linda Foster  
Susan Carter  
Larry Carter  
Charlotte Oestreicher  
Carol Poe

### COMMUNION PREPARATION:

Bill & Carolyn Baker

### CLEAN UP:

Bill Baker, Frank Eldridge  
Wayne Lovelace, Joe Hamon

Anyone who would like to assist with communion, please contact the church office, 812-376-3321.

If you know of a member of the church that is home bound, and not currently receiving home bound communion and may like to receive it, please let the church office know and the communion team will make contact with them.



# Mission

## Love Chapel Christmas Pantry

It is not too soon to be thinking about Christmas and this year's Love Chapel Christmas Pantry. Every year, the Ecumenical Assembly provides essential Christmas and holiday products through the Love Chapel to over 1300 families that otherwise might go without during this time of celebration and fellowship. As in the past, First Baptist Church has committed to providing boxes of cereal that will be added to each family's shopping cart, with our target this year being 500. We started collecting these from the beginning of October and ask that you bring a few boxes to add to the collection over the next weeks, placing them beside the sign-up table next to the kitchen.

## Operation Christmas Child

Time to think Christmas! Time to start gathering things to fill two or three boxes for Operation Christmas Child. The boxes are available in the Gathering Place at church. Don't wait to pick up your boxes. We hope to fill 120 boxes, but our dream goal will be 124.

Don't wait to start picking up small things to go in the box. Each box will contain suggestions to fill your box plus a label for the box designated girl or boy and the age for which the box has been put together. Add \$9.00 for postage, either cash or you can buy postage online at Samaritan's Purse, Operation Christmas Child. Have fun doing this for children who have very little in their lives and struggle for survival every day! Small dolls made by Marj Betz and others at Mill Race are available for \$5.00 each which you can put in your box. Contact the church office or Marj if you are interested in the dolls.

The deadline for filling the boxes and bringing them back is Sunday, November 17. Abigail Circle will be checking the boxes on Tuesday, November 19. Dedication and delivery will be November 24. Thanks to the AFS Sunday School Class for providing the funds to buy the boxes and for Abigail Circle for sponsoring the Operation Christmas Child project. Contact Janet Bailey if you have any questions. Have fun and **THINK CHRISTMAS.**

## Local Opportunity for Giving During the Holiday Season

Turning Point is in need of **new items** for its Holiday Store. Clients, including the children, can shop for gifts for their family. Your donations will help families have a wonderful holiday season that they may not otherwise experience. A list of suggested items follows. Boxes will be available starting November 24 for your donations. The last Sunday to accept items is December 15. **Please do not wrap items.** Thank you for your consideration of this need in our community.

Judy Rhude, for the Missions Team





# Mission

## Turning Point Suggested Items

### (New Items Only, Please)

Donations of gift wrap, gift bags, tape, ribbons, bows, and tissue paper are appreciated.

#### All Age Groups:

Aftershave/Cologne for Men  
Art Kits  
Bakeware  
Blankets/Throws  
Board Games (all age groups)  
Books (all age groups)  
Bowls (mixing/cereal/serving)  
Candles  
Colored Pens/Pencils/Gel Pens  
Coloring Books (all age groups)  
Cooking Utensils  
Crayons  
Crock Pots  
Dishes  
DVD Movies (all age groups)  
Ear Buds/Headphones  
Flat Iron for Hair  
Hair Accessories  
Hair Dryer  
Insulated Tumblers  
Jewelry (earrings/necklaces)  
Jewelry Making Kits  
Journals & Pens  
Lotion  
Lunch Boxes (Adults & Children)  
Make-up and Make-up brushes  
Nail Polish  
Perfume  
Phone Chargers (various brands)  
Pillows  
Plastic Storage Containers  
Pots & Pans  
Puzzles  
Razors  
Sheet Sets (twin/queen)  
Silverware  
Throw Rugs  
Toiletries (soap/shampoo/conditioner)  
Tooth Brushes  
Toothpaste  
Towels & Wash Cloths  
TracPhones (with minutes)  
Umbrellas  
Water Bottles

#### Infants/Toddlers:

Diapers  
Dolls  
Games - age appropriate  
Pajamas  
Stuffed Animals  
Teething Toys  
Toys - age appropriate  
Walk Behind Toys

#### Elementary:

Backpacks  
Barbie Accessories  
Barbie Dolls  
Character Pillows  
Dolls  
Etch-a-Sketch  
Imaginext sets  
Legos Sets  
Match Box Car Tracks  
Match Box Cars  
Mr. Potato Head  
Paw Patrol Items  
PlayDoh  
PlayDoh accessories  
Remote Control Toys  
Stuffed Animals  
Super Hero Toys  
Synch Bags  
Tonka Toys  
Tractors  
Trucks

#### Teens / Tweens:

Amazon Fire Tablets  
Amazon Fire Tablet Case  
Baseballs  
Basketballs  
Cinch Sacks (Adidas, Under Armour, etc.)  
Footballs  
School Spirit Wear items  
Soccer Balls  
Volley Balls  
Volley Ball Net

#### Gift Cards:

Aldi  
Big Lots  
Circle K  
City Bus Passes  
Dollar General  
Five Below  
JayC Store  
Kroger  
Lowe's  
Mastercard  
Meijer  
Menards  
Movie Theatre  
Restaurants  
Speedway  
Target  
TJ Maxx  
Visa  
Walmart / Sam's Club

## November Birthdays

3. ~ Spencer Frady, Sarah Patrick
4. ~ Teresa Arbuckle
6. ~ Jeannette McKim
7. ~ Joseph Scgalski, Kerry Brockhagen
8. ~ Lynne Lovelace, Alberta Ruble
10. ~ Sharon Fulkerson, Reagan Babb
11. ~ Sue Putterill, Nancy Williams
12. ~ Carolyn Baker
15. ~ Norman Curry, Faith Briggs, Bob Hoffman



16. ~ Betty Harrison
17. ~ Martha Whedon
18. ~ Bill Griffith
21. ~ LuAnn Harlow, Rachel Langdon
22. ~ Janet Bailey, Rob Lilly
23. ~ Edith Carr, David Emmert
25. ~ Dennis Adams
27. ~ Joanne Sublette
28. ~ Jason Vogelpohl

## The Body of Christ Prays For...



Betty Euler, Roselyn Hoff, K.M. George, Cecil & Linda Workman, Anna DeHaven, Carl & Nancy Williams, Marcia Battle, Alvin Arbuckle, Marilyn Estell, Leland Robertson, Heidi Putterill, Don & Nancy Hughes, Randy Wheeler, Margaret Nelson, Mary Garten.

Worship Pastor Search Team as they continue their work.

## Looking Ahead

- Tuesday, Nov. 5 - Hannah Circle (2:00 pm)
- Wednesday, Nov. 13 - Four Seasons Mending (9:00 am)
- Friday, Nov. 15 - Newsletter Deadline
- Saturday, Nov. 16 - Wedding (Eric Graham)
- Tuesday, Nov. 19 - Church Council (7:00 pm)
- Friday, Nov. 22 - Set up for Christmas Market (4:00-8:00 pm)
- Saturday, Nov. 23 - Christmas Market (10:00 am-4:00 pm)
- Sunday, Nov. 24 - Thanksgiving Fellowship Dinner (11:45 pm)
- Tuesday, Nov. 26 - Abigail Circle (7:00 pm)
- Thursday, Nov. 28 - Happy Thanksgiving! (Church Office Closed)
- Friday, Nov. 29 - Church Office Closed
- Sunday, Dec. 1 - First Sunday of Advent

## Service: Sunday Morning - Worship 9:30 am, 2nd Hour Learning 10:45 am

### Live streaming available for Sunday Services

- To view on your PC, go to [sundaystreams.com/go/fbccolumbus](http://sundaystreams.com/go/fbccolumbus), or access through the link at the top right of our homepage, [firstbaptistcolumbus.org](http://firstbaptistcolumbus.org)
- To view on a mobile device, download the Sundaystreams app from the App Store or Google Play. Password is fbccolumbus